



**For better  
mental health**

Affiliated Local Association

**Mind in Mid Herts**

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7<sup>th</sup> January 2008

**Mind in Mid Herts – Annual General Meeting**

We warmly invite you to our Annual General Meeting:

**Date:** Wednesday 23<sup>rd</sup> January 2008 at 7:30pm

**Venue:** Homewood Road United Reform Church  
Homewood Road, St. Albans, AL1 4BH  
(Junction of Homewood Road & Sandpit Lane)

**Guest Speaker:** Professor Ben (C) Fletcher

**Subject:** 'Do Something Different about Stress'

We very much hope that you are able to attend the meeting and if any help is required with transport, please let us know.

Tea and Coffee will be served.

Car parking is available both in the church grounds and adjoining street.

RSVP by Monday 21st January 2008

Tony Carswell  
Director